



Nebraska Association of Nurse Anesthetists

# FALL CONFERENCE



OCTOBER 14 & 15

# 2023

Bryan College of Health Sciences  
1535 S. 52nd Street  
Lincoln, NE 68506

[www.neana.org](http://www.neana.org)

An application has been submitted to the American Association of Nurse Anesthesiology for Class A CE credits.

# SCHEDULE

**Saturday, October 14, 2023**

7:00 am - 7:30 am	BREAKFAST & REGISTRATION	
7:30 am - 8:30 am	Second Victim Phenomenon	Ann Veys, MSN, CRNA
8:30 am - 9:30 am	Disclosure of Adverse Medical Events and Informed Consent	Ann Veys, MSN, CRNA, and Kaitlyn Pellegrino, M.D.
9:30 am - 10:00 am	BREAK & EXHIBITORS	
10:00 am - 11:00 am	Living on the Edge: Anesthesia at the Pediatric Ambulatory Surgery Center	Shannon Hoy, DNP, CRNA
11:00 am - 12:00 pm	Advocacy in Action: Federal Political Director's Take on Political Engagement	Kris Rohde, BSN, MS, CRNA
12:00 pm - 1:00 pm	NANA BUSINESS MEETING & LUNCH with EXHIBITORS	
1:00 pm - 2:00 pm	Obstetric Anesthesia Current Review	Suzie Newell, DNP, CRNA, FAANA
2:00 pm - 3:00 pm	Flip The Script: Creating a Safe and Effective CRNA Full Scope Practice in Obstetrics Through Smart Leadership	Suzie Newell, DNP, CRNA, FAANA
3:00 pm - 3:30 pm	BREAK & EXHIBITORS	
3:30 pm - 4:30 pm	Hemorrhage in OB and Other Emergencies	Suzie Newell, DNP, CRNA, FAANA
4:30 pm - 5:30 pm	What's Wrong With Her? Neuroscience, Disparities, and De-stigmatizing Mental Health in Obstetrics	Suzie Newell, DNP, CRNA, FAANA
6:00 pm - 9:00 pm	Messbarger Fundraiser Social Event at Venue Restaurant, 4111 Pioneer Woods Dr., Suite 100, Lincoln, NE 68506	

## Sunday, October 15, 2023

7:00 am - 7:30 am	BREAKFAST & REGISTRATION	
7:30 am - 8:30 am	Point of Care Ultrasound for Evaluation of Fluid Status in Patients Undergoing Emergent/Urgent Surgery: A Quality Improvement Study	Philip Vornhagen, BSN, SRNA
8:30 am - 9:30 am	Heart Failure with Preserved Ejection Fraction (HFPEF): Pathophysiology, Echocardiogram Implications, and Management	Shannon Pecka, PhD, CRNA
9:30 am - 10:00 am	BREAK	
10:00 am - 11:00 am	Remimazolam: A New Short Acting Benzodiazepine	Mark Haffey, BSN, MS, CRNA
11:00 am - 12:00 pm	TIVA: Not Just Designer Anesthesia	Mark Haffey, BSN, MS, CRNA

# HOTEL ACCOMMODATIONS

## The Graduate Lincoln - Book by September 23 for Discount Rate



Graduate Lincoln hotel, 141 N. 9th Street, is providing accommodations for NANA 2023 Fall Conference attendees.

Room rate is \$129/night, plus any applicable state or municipal taxes, fees, or assessments.

To reserve a room [click this Booking Link](#) or call (402) 475-4011 and ask for a room in the "NANA Fall Conference" room block.

# REGISTRATION

## Exhibitor Registration Form

Company/Organization Name: \_\_\_\_\_

Participant 1: \_\_\_\_\_ Email: \_\_\_\_\_

Participant 2: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Product/Service Provided: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### EXHIBITOR REGISTRATION FEES

\$500 - Exhibit Booth Fees

Exhibit Booth Registration Includes:

- Exhibit table and two chairs
- List of conference attendees with mailing addresses
- Recognition as a conference contributor through verbal acknowledgement, website promotion with link, and a listing in the conference program. Email a high-resolution logo to [adrian@assocoffice.net](mailto:adrian@assocoffice.net).
- Food and beverages during breaks and Breakfast & Lunch Saturday

Door Prize Giveaway

If you would like to offer a door prize or product/service discount to attendees, provide a description below and we will work with you to promote your door prize and/or discount.

Yes, I would like to participate in the door prize drawings.

Description of item: \_\_\_\_\_

Session Sponsorship - \$150 per session:

(Please indicate preferred Session(s) to sponsor. Sponsorships honored on first come, first served basis.)

Session 1: \_\_\_\_\_

Session 2: \_\_\_\_\_

\$100 - Digital Flyer/Ad on Conference Page

**TOTAL DUE: \$** \_\_\_\_\_

## Payment Method

REFUND POLICY: For written refund requests received at least seven (7) days prior to the event (October 7, 2023), refunds will be granted less 20% of the registration fee. Refunds will be issued following the event. Refund requests received less than 7 days preceding the event will be granted at the discretion of the NANA Board. You may send a substitute in lieu by informing the NANA office in writing at [neana@neana.org](mailto:neana@neana.org). \*\*\*No refunds for the Saturday night event.

I will call the NANA office with a credit card at (402) 476-3852.

Submit Registration with Payment to:  
NANA  
3901 Normal Blvd.  
Suite. 100  
Lincoln, NE 68506

Register Online at: [www.neana.org](http://www.neana.org)



Check (Payable to NANA)

When you provide a check as payment, you authorize us either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction. When we use information from your check to make an electronic fund transfer, funds may be withdrawn from your account as soon as the same day we receive your payment, and you will not receive your check back from your financial institution.

# SPEAKERS

## Mark Haffey

Mark Haffey, BSN, MS, CRNA, received his anesthesia training at the Wake Forest Baptist Medical Center Nurse Anesthesia Program including a Master of Science in Nursing from the University of North Carolina-Greensboro. His Bachelor of Science in Nursing is from Kansas University as well as a Bachelor of Arts in Biology from MidAmerica Nazarene University.

Mark is a Certified Registered Nurse Anesthetist at Avera McKennan Hospital and University Health Center in Sioux Falls, SD. Currently serving in his 23rd year as a CRNA, his clinical expertise includes Otolaryngology, Neuro, Orthopedics, and providing Rural Anesthesia.

Mark has served as Director of Region 4 and Vice President on the AANA Board of Directors and has served in many leadership roles at both the state and national level. He was also inducted as a Nurse Anesthesiology Fellow of the AANA.



## Remimazolam: A New Short Acting Benzodiazepine

This session will provide a breakdown of Remimazolam, a brand new anesthetic agent specifically designed for cases lasting 30 minutes or less. It will include the pharmacodynamics and pharmacokinetics of Remimazolam, identifying optimal patients and ideal procedures for its use, and understanding both on-label and off-label uses.

## TIVA: Not Just Designer Anesthesia

This session will provide an in-depth breakdown of Total IntraVenous Anesthesia (TIVA), including pharmacologic agents for amnesia, analgesia, anti-inflammatory, and paralytics. It will provide education on the advantages and disadvantages of using TIVA, identify Cases appropriate for TIVA, and identify types of patients for which TIVA is designed.



## Shannon Hoy

Dr. Shannon Hoy, DNP, CRNA, is the chief CRNA at Children's Hospital and Medical Center in Omaha, Nebraska. She is a member of the Professional Practice Evaluation Committee, the Physicians and Providers Advisory Council as well as the Pediatric Intensive Care Interdisciplinary Committee. She completed her Neonatal Nurse Practitioner program at the University of Nebraska Medical Center, her CRNA program at Clarkson College in Omaha Nebraska and her Doctorate at UMass Amherst. Dr. Hoy is also has been extensively involved in philanthropy in her community, serving on multiple boards over the years including Junior League of Omaha, Child Saving Institute as well as the Aksarben Foundation.

## Living on the Edge: Anesthesia at the Pediatric Ambulatory Surgery Center

This session will provide a review of current ambulatory center guidelines and recommendations, facilitate discussion on difficult situations ambulatory anesthesia providers face, and identify professional and safe resolutions. This session will also provide information on treating patients with chronic illness, obesity/ obstructive sleep apnea, upper respiratory infections, and former premature infants. Dr. Hoy will also review current outpatient discharge guidelines.

## Suzie Newell



Suzie Newell, DNP, CRNA, FAANA, is a nurse anesthetist with 19 years of experience specializing in obstetric anesthesia, including as Chief of Obstetric Anesthesia for Capital Anesthesia (Sound Anesthesia). She is an established lecturer, teacher, and author whose experience includes work in anesthesiology, on advocacy and policy, obstetric anesthesiology, and mental health. Her work in obstetrics in the heart of the opioid crisis includes running the national online group Recovery Path for Mothers and Others.

### **Obstetric Anesthesia Current Review**

Obstetric anesthesia as a specialty is often overlooked in our practices. Research around the issues we face in labor and delivery is ongoing. This lecture reviews current issues in obstetric anesthesia including thrombocytopenia, intrathecal opioid dosing, managing uterine tonics, and other current issues.

### **Flip The Script: Creating a Safe and Effective CRNA Full Scope**

#### **Practice in Obstetrics Through Smart Leadership**

The dynamic of flipping a group from physician to CRNA can be wrought with power dynamics, ego, ignorance, and misguided leadership. This lecture covers various aspects of changing obstetric anesthesia departments from an all-physician group to an all CRNA group.

#### **Hemorrhage in OB and Other Emergencies**

BLEEDING IN OB! This lecture reviews the latest theories in obstetric hemorrhage including scenarios that lead to bleeding.

#### **What's Wrong With Her? Neuroscience, Disparities, and De-stigmatizing Mental Health in Obstetrics**

The mental health patient in obstetrics faces the stress of being at the hospital with the addition of pain. She often comes with a dearth of coping mechanisms. This lecture seeks to clarify the science behind some common mental health conditions and identify how the provider can help the patient improve her experience on the labor deck.

Dr. Shannon Pecka, PhD, CRNA, is a Professor and the Assistant Program Director in the School of Nurse Anesthesia at Bryan College of Health Sciences where she has taught didactic anesthesia courses since 2010, primarily in Advanced Principles of Nurse Anesthesia. Dr. Pecka has clinical experience in anesthesia, including rural anesthesia practice, moderate-sized private practice anesthesia groups, and large academic settings. Her prior registered nursing experience includes intensive care settings of Surgical ICU, Neuro ICU, and General Medical/Surgical ICU. Dr. Pecka served on the NANA Board of Directors, including Secretary/Treasurer, has authored/co-authored publications for the AANA Journal and Midwest Nursing Research Society, and currently serves on the editorial board of the International Student Journal of Nurse Anesthesia.

## Shannon Pecka



#### **Heart Failure With Preserved Ejection Fraction (HFPEF): Pathophysiology, Echocardiogram Implications, and Management**

This session will explore the implications of heart failure with preserved ejection fraction (HFPEF). Emphasis will be placed on the pathophysiologic development and how this impacts echocardiogram findings. Management strategies will also be explored.

# SPEAKERS

## Kaitlyn Pellegrino



Dr. Kaitlyn Pellegrino, M.D., is a board-certified pediatric anesthesiologist and assistant professor of anesthesiology practicing at both Children's Hospital and Medical Center and UNMC. She graduated medical school from UNMC in 2013 and has been on faculty at CHMC and UNMC since completing her pediatric anesthesia fellowship in 2018. Her areas of interest include anesthesia education, disclosure of adverse events, operating room management, and perioperative acute pain management. In her free time she enjoys spending time with her husband and three children.

### Disclosure of Adverse Medical Events and Informed Consent

This presentation aims to encourage listeners to think about the process of informed consent and disclosure as part of their daily practices. It also helps give them ideas about ways they can integrate the information into their anesthesia practices.

Kris Rohde, BSN, MS, CRNA, is a certified registered nurse anesthetist working at Nebraska Medicine in Omaha, Nebraska. While employed as a CRNA, she worked with adults and children in need of anesthesia for orthopedic procedures, general surgical procedures, plastic surgery, neurosurgery, transplants, ENT cases, trauma, and several other specialties. Kris has also been a board of directors member of the Nebraska Association of Nurse Anesthetists since 2012. While on the board, she has served as a member at large, Chair of Public Relations, President-Elect, President, and is currently the Federal Political Director. As a nurse, she worked in the intensive care setting with experience in the pediatric intensive care unit, pediatric cardiothoracic intensive care unit, and the adult intensive care unit. She graduated from BryanLGH College of Health Sciences in 2010 with a Master of Science in Nurse Anesthesia, from Creighton University in 2002 with a Bachelor of Science in Nursing, and from The University of Nebraska at Lincoln in 2000 with a Bachelor of Science in Education.

## Kris Rohde



### Advocacy in Action: Federal Political Director's Take on Engagement

Political

Join Kris Rohde, AANA's 2023 Daniel D. Vigness Federal Political Director Award winner, as she shares her insights and experiences advocating on behalf of CRNAs in Nebraska and nationwide. Rohde will outline different advocacy strategies and why advocacy is so important at every level. She will also discuss how to become an advocate if you're new to advocacy, and tips she has picked up during her advocacy tenure.

## Ann Veys

Ann Veys, MSN, CRNA, is an anesthesiology provider at Children's Hospital & Medical Center in Omaha, NE, where she has worked since October 2019. Veys earned her BSN in 2005 from the University of Nebraska Medical Center and her Master of Science in Nurse Anesthesia degree in May 2013 from Bryan LGH. Shortly after, Veys began working as a CRNA at St. Anthony Regional Hospital in Carroll, Iowa. In April 2015, she began working at Nebraska Medicine before joining Children's Hospital.

### Second Victim Phenomenon

This session will address peer support and recovery. Discussion will be held on the unique implications of second victim syndrome on perioperative and anesthesia personnel, identifying the the six stages of second victim syndrome, and exploring successful strategic deployment of second victim peer support

programs.

### Disclosure of Adverse Medical Events and Informed Consent

This presentation aims to encourage listeners to think about the process of informed consent and disclosure as part of their daily practices. It also helps give them ideas about ways they can integrate the information into their anesthesia practices.

## Philip Vornhagen

Philip Vornhagen, BSN, SRNA, is from Kearney, Nebraska, and is a graduate of Kearney High School. He attended Mount Marty College where he studied nursing while also being on the baseball team. After graduation in 2018, Philip worked at CHI Good Samaritan Hospital in the ICU. Prior to starting a DNAP degree at Bryan College of Health Sciences, Philip worked in the ICU at Methodist Hospital in Omaha. Philip currently lives in Omaha with his wife, Madison, and their pomsky, Mia.

### Point of Care Ultrasound (POCUS) for Evaluation of Fluid Status in Patients Undergoing Emergent/Urgent Surgery: A Quality Improvement Study

This session is a quality improvement project which will provide a pre-test, education module, and post-test. The session addresses point of care ultrasound (POCUS) fluid volume status evaluation in patients undergoing emergent or urgent surgery.

